



PERSONAL TRAINING:

- ◆ 60 min PT individual session: \$75 per session

PERSONAL TRAINING PACKAGES:

- ◆ 16 Session Pass: \$580
- ◆ 12 Session Pass: \$440
- ◆ 8 Session Pass: \$340
- ◆ 6 Sessions Pass: \$290
- ◆ 4 Sessions Pass (2 week trial): \$220

Add-ons \$20 each session

GROUP TRAINING:

- ◆ 60 min PT Small Group: \$50 per session

GROUP TRAINING PACKAGES:

- ◆ 16 Session Pass: \$350
- ◆ 12 Session Pass: \$290
- ◆ 8 Session Pass: \$220
- ◆ 6 Sessions Pass: \$200
- ◆ 4 Sessions Pass (2 week trial): \$155

Add-ons \$15 each session

DON'T SEE SOMETHING THAT FITS YOUR NEEDS? NO PROBLEM JUST EMAIL KEONNA AT KEEPIITIGHTKEE@GMAIL.COM AND GET A PERSONALIZED PACKAGE JUST FOR YOU.